

SOUTH PLAINFIELD HIGH SCHOOL
FRANK R. JOST FOOTBALL STADIUM/TRACK

Turnpike to Exit 10 to 287 North

Route 1 to 287 North

Route 9 to 287 North

Route 18 North to Route 1 North to 287 North

78 East to 287 South

Parkway North - After Raritan toll, at bottom of bridge, follow signs for 287 North. Exit at Durham Avenue (exit 4). Turn right at the bottom of the ramp onto Durham. At second light, bear right over bridge onto Hamilton Blvd. Go 4 lights and turn right onto Maple Ave. (Dunkin Donuts will be on your right and Senior Citizens Center will be on your left) About 1/2 mile on right, you will see the PAL building. Make right onto Cady Lane. Football Stadium/Track is behind PAL building.

Parkway South - Exit at 131, Iselin. Make a right off ramp. Go to light at first intersection. Turn right onto Wood Ave. Go to next light. Turn left onto Oak Tree Road. Go 5 lights (Fleet Bank on left corner; Hollywood Video on right corner). Turn right onto Park Ave. Go to next light. Turn left onto Maple. Make 2nd left onto Cady Lane after pool/before PAL. Football Stadium/Track is behind PAL building.

287 South. Take Edison exit (exit 5). Make a left onto Stelton Road at end of exit ramp. At second light, make right onto Hamilton Blvd. At next light Hamilton Blvd. will turn left over bridge. Go 4 lights and turn right onto Maple Ave. (Dunkin Donuts will be on your right and Senior Citizens Center will be on your left) About 1/2 mile on right, you will see the PAL building. Make right onto Cady Lane. Football Stadium/Track is behind PAL building

Route 22. Exit at Somerset St./The Plainfields. Somerset St. takes you thru North Plainfield. In Plainfield, the name of the street changes to Park Ave. After you pass Muhlenberg Hospital (on left), go to third traffic light. Turn right onto Maple Ave. Two blocks on left, the Football Stadium/Track is behind PAL building.

Inman Avenue. Take Inman Avenue to end. Make left onto Maple Avenue (West-9 Golf Course will be on right). After you cross Park Avenue (2nd traffic light), football field is two blocks on left behind PAL Building.

